# Lyme Parks and Recreation

# Free Swim Night

## East Lyme Aquatic Center (High School)

**Most 1st and 3rd Saturdays of the month 5:00 – 7:00 pm**

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| November – 15 | February – 7, 21 |
| December – 6, 27 | March – 7, 21 |
| January – 3, 17 | April – 4, 18 |

**Come on out! 1st one's this Saturday!**

It's a great way to get some exercise in during the cold winter months. We'd love to see some new faces.

Any questions or concerns email Kristen Thornton at kristenthornton@aol.com