



FREE!
Hands only
CPR™
Training
Sat. Apr. 18
9 -11 AM, Hamburg
Fire Station

- **Brain death can occur in as little as 8 minutes!**
- **50% of out-of-hospital cardiac arrests occur in front of bystanders.**
- **Only 25% of those get, and are helped by, bystander CPR.**

SAT., APRIL 18,
9 - 11 AM @
Hamburg Fire
Station in Lyme

Sponsored by



In the minutes before the ambulance arrives, people who have even basic Hands Only CPR Training can save lives. Equip yourself with the tools you need to help protect friends, neighbors and the ones you love from needless tragedy.

Join us for this valuable and absolutely **FREE** CPR training opportunity for Lyme residents.

Advance registration is required. Participation limited to 22. To enroll, call 860-434-5667 and leave a message.

Call 860-434-5667
to sign up & get the
know-how to save a life
Today!