

Lyme Parks and Recreation



Free Swim Nights



East Lyme Aquatic Center (High School)

Most 1st and 3rd Saturdays of the month 5:00 – 7:00 pm

November – 19

December – 3, 17

January – 14, 21

February – 4, 18

March – 4, 18

April – 1, 15

Come on out!

It's a great way to get some exercise in during the cold winter months. We'd love to see some new faces.

Any questions or concerns email Kristen Thornton at
kristenthornton@aol.com