

SPONSORED BY LYME AMBULANCE

FREE CLASS: EMERGENCY 101

SATURDAY, JANUARY 22

AT THE HAMBURG STATION FROM 10AM-12PM

Learn life-saving tips:

- When to call/don't hesitate!
- Recognizing Cardiac events
- How to handle a bleeding emergency
- What to do after you call (and before we arrive)
- Help us find you . . . and more.

This program is open to Lyme residents ages 14 and up.

Sign up now as space is limited.

Call 860.434 7225 or email DeputyChief@LymeAmbulance.org to register.



The Lyme Ambulance Association provides emergency medical service to the town of Lyme with state and nationally certified responders and technicians.

Lyme Ambulance Association is committed to community education. We have earned the designation of heart safe community having donated automatic external different relators to public buildings including Lyme Public Hall, Hadlyme Public Hall, Lyme library and Lyme Town Hall.

OUR COMMUNITY EDUCATION PROGRAM OFFERS:

- Hands-only CPR
- Treating a choking victim
- "Stop the bleed" class
- Recognizing the signs of a heart Attack and stroke
- Recognizing other serious medical events
- Layman's guide to recognizing and treating shock
- File of Life emergency contact card



PO Box 911 Hadlyme, CT 06439 ▪ 860.434.7225 ▪ LymeAmbulance.org ▪ See us on facebook.

LYME AMBULANCE ASSOC is a private, non profit 501c3 dedicated to serving the residents of Lyme.