Lymes' Senior Center Board of Directors Meeting
In the Old Lyme Town Hall, Old Lyme, CT
September 16, 2024

BOARD MEMBERS PRESENT: Jane Folland, Stephanie Lyon-Gould, David Griswold, Peter Lucchese, Christina Gotowka, Carolyn Ross, Mariette McCourt, Fred Verillo, Kathy Lockwood, Diana Seckla, Karen Geisler, Margaret Thach

MEMBERS ABSENT: Jeremy Crisp

I. CALL TO ORDER: Peter Lucchese at 1:00

II. GUESTS: John Kiker

III. PUBLIC COMMENTS: Jeri Baker

IV. MINUTES OF JULY 15, 2024 Meeting Paula Emery
Correction: Carolyn Ross was absent. Karen Geisler was present. Motion to accept the minutes with corrections was put forth by Kathy Lockwood seconded by Mariette McCourt. Motion Carried.

V. TREASURER'S REPORT: Jane Folland
Report dated July 13, 2024 - September 13, 2024

VI. COMMUNICATIONS: None

VII. COMMITTEE REPORTS:
Director's Notes: Stephanie Lyon-Gould
The August 19th picnic was attended by about 40 people. It is planned to be an annual event. Stephanie requested funds for the Halloween event (3 $25.00 gift cards) and up to $50 to purchase flowers for Carol Dissley. A motion to approve $75.00 for Halloween prizes was put forth by Kathy Lockwood, seconded by Mariette McCourt. Motion carried. A motion to approve up to $50 for flowers for Carol was put forth by Diana Secka, seconded by Fred Verillo. Motion carried. Upcoming Programs: "Building Buzz" Meeting has been moved to Christ the King Church at 11:15 on Thursday, September 26th. The Birthday luncheon is scheduled for September 25th at Christ the King Church. Difference between traditional Medicare & Advantage Plans programs will be held on September 17th, 1:00 at the Old Lyme Town Hall. Exploring the Benefits of Mindfulness Workshop will be held September 23rd 1:00 at the Lyme Library. Mansions of the Vanderbilts historical lecture will be October 2nd 1:00 at the Old Lyme Town Hall. Medicare 101 informational program is October 8th - 1:00 at the Old Lyme Town Hall. Medicare open enrollment sign up starts October 15th. Energy Assistance has begun accepting applications. New Programs added this Month: Yoga on the Mat is $5/class and held on Tuesday morning 9:45. The 6-week Acupressure Self- Care Work Study group begins on September 11th at the Old Lyme Town Hall.
Facilities Report: John Kiker

The building exterior work is moving along swiftly with slower progress on the inside. The reopening is scheduled for February 13, 2025.

VIII. OLD BUSINESS:

Discussion on the UR Community Cares, Inc. program for Lyme and Old Lyme Based on the July 15th Presentation to the Board: Peter Lucchese/Stephanie Lyon-Gould

Since the presentation, Mariette McCourt and Jeremy Crisp have been working on further evaluation of the URCC software and the design of a Pilot Study to evaluate its use with Lyme and Old Lyme Seniors. This work has been informed by speaking at length with Dr. Eric Rosenberg from East Hampton Council on Aging, Police Chief Vincent DeMaio of Clinton and Municipal Agent for Aging in Killingworth - towns already successfully using the URCC Software. The Pilot Study would aim to recruit up to ten (10) LOL Seniors and up to twenty (20) LOL Volunteers to participate over the 6-month period. Seniors and Volunteers would be recruited mostly by word of mouth through the Senior Center Director's Office. The Pilot Study Funding Request asks the Senior Center Board to approve an amount not to exceed $1,000 to subscribe up to ten LOL Seniors to the URCC software at a one-time cost of $100 per Senior (covers background checks for Volunteers and software administration). The money will be used to fund the Pilot Program if first come-first serve grant funding currently held by UR Community Cares and/or funds recently requested by the Senior Center from Visiting Nurses Association (VNA) cannot be accessed. Fred Verillo put forth a motion to fund the URCC to start up or to use later to expand the program. Diana Seckla seconded. All in favor. Motion carried.

IX. NEW BUSINESS:

Program Ideas/Suggestions:

Karen Geisler inquired as to how the holidays will be celebrated with the Senior Building closed. Stephanie-Lyon Gould replied with the following scheduled plans: The Old Lyme Town Band, a Yankee Swap, Ugly Sweater Contest, Holiday Luncheon, High School Select Singers, Lyme Village Voices. Also upcoming on October 22nd, Project Thank You, writing your thank you cards, and in December, A new approach to writing condolence cards.

Other New Business: None

X. ADJOURNMENT: Meeting adjourned at 1:47 pm. Mariette McCourt put forth the motion, Margaret Thach seconded. Motion Carried.
Next Regular Meeting: October 21, 2024 at the Old Lyme Town Hall.

Respectfully submitted,

Paula Emery
Recording Secretary